




Thank  
You

WE WOULD LIKE TO SAY A  
BIG THANK YOU...





On October 18, 2023, I had the opportunity to visit Eastern Hospital, a place I was already familiar with, having lived in Chai Wan for years. However, this visit provided me with a completely new understanding of what it means to be a member of a hospital and the intricate operations involved.

The visit began with a brief introduction to the various health disciplines within the hospital, followed by presentations from staff members representing different departments. Initially, I was uncertain about which role in the medical field interested me the most, mainly due to a lack of clarity regarding the duties and responsibilities of each profession. Fortunately, the speakers were incredibly kind and generous in sharing their own experiences, which proved to be highly educational. For instance, the physiotherapist's lively and energetic presentation taught me that physiotherapists need to be physically strong, as they often have to lift patients while performing tasks like suctioning phlegm for analysis. Her sharing sparked my interest in becoming a physiotherapist, and I even considered starting to train my muscles in preparation for such a career.

Moreover, I learned that regardless of the department, every staff member is involved in the hospital's overall systematic operation, requiring collaboration and teamwork. This was particularly evident in the AGE department, where doctors from various specialties come together to treat patients. This aspect of hospital work was completely different from what I had imagined, but it was also more fascinating and inspiring than I had anticipated.

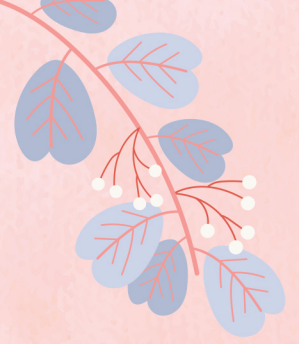
The second part of the visit focused on the Pharmacy department, which left a lasting impression on me. The department was bustling with activity, yet everything was well-organized. After receiving a list of prescribed medications from the doctor, the staff diligently gathered and packed the required medicines in a basket, which was then sent to the pharmacist for a final check. My friend and I were both captivated by the pharmacy's efficiency, and this visit further heightened our excitement about pursuing a career in this field.

I am grateful to Mr. Lui and all the guests involved in organizing this exposure programme. It was a truly engaging and enlightening experience, especially for someone like me who had limited knowledge about hospitals. I am eager to share my valuable experience and recommend this programme to my fellow students in school.

**“I WILL GIVE THANKS TO YOU, LORD, WITH ALL MY HEART;  
I WILL TELL OF ALL YOUR WONDERFUL DEEDS.” - PSALM 9:1**

5C05 HUNG PUI CHING





It was an incredibly precious opportunity for me to visit Eastern Hospital. I had the chance to explore areas that are not typically open to the public and gained invaluable knowledge from the visit that cannot be experienced in everyday life.

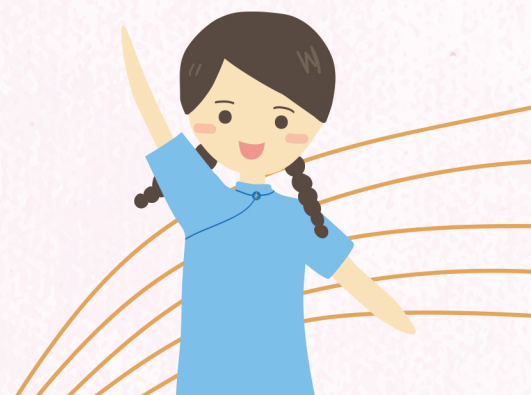
At the beginning of the visit, we received some basic information about the hospital. I discovered that hospitals are not only comprised of doctors and nurses but also many other essential medical professionals such as pharmacists, dietitians, and occupational therapists, among others. Each role is crucial, but it is through their collaboration and teamwork that a hospital operates smoothly.

We had the privilege of visiting various departments within the hospital. One experience that left a lasting impression on me was witnessing a demonstration of minimally invasive surgery. The doctor made it look effortless as they skillfully manipulated the tiny model and placed it in the correct position. However, when I attempted it myself, I struggled to even clamp it properly and eventually ended up flipping it away! It made me realize that something that appears simple actually requires doctors to invest a significant amount of practice time to perform such procedures with precision and without errors. I deeply admire the dedication of every medical professional.

I would like to express my gratitude for organizing such a meaningful and eye-opening visit. I learned a great deal from this experience, which has only strengthened my determination to pursue a career in the medical industry.

**“GIVE THANKS TO THE LORD, FOR HE IS GOOD; HIS LOVE ENDURES FOREVER.” - 1 CHRONICLES 16:34**

5C14 LOU TSZ MIU



I would like to express my heartfelt gratitude for the insightful experience at Eastern Hospital. I am grateful for being one of the students who had the opportunity to meet esteemed professionals from different sectors.

The all-inclusive department visit has ignited my enthusiasm for the healthcare industry. Although I have participated in several healthcare-related taster programmes, I have never had the chance to exclusively visit a hospital. Not only did I gain hands-on experience with various medical equipment, but I also learned a great deal about the diagnoses and treatments provided by different healthcare practitioners. By visiting a myriad of specialties, I now have a better understanding of my career pathway.

The most unforgettable experience was at the Minimal Access Surgery Training Center. I was deeply impressed by the cutting-edge technology used in the surgeries. I even had the opportunity to try picking up beads using the equipment, which was both challenging and novel. I am greatly intrigued by the advanced machines and the related techniques. The doctors were genuinely willing to share their expertise. Additionally, I was amazed by the A&E Department. The coordination among the different parties was undeniably impressive. Paramedics were assisting patients with emergency conditions, triage nurses were assessing patients' health conditions, and doctors from various specialties were collaborating for urgent medical treatments. They strive for the best to develop a well-organized emergency system, which saves millions of lives. These experiences, along with visits to multiple departments such as pharmacy and occupational therapy, have motivated me to pursue my goals.

Once again, I would like to express my utmost appreciation to all the medical staff and organizers who participated in the event. Despite their demanding and hectic schedules, they were still willing to share their medical journey with us, motivate us, and provide us with valuable career lessons. It was undoubtedly an eye-opening and fascinating experience, and I am glad that I had the opportunity to grasp this unique and precious experience. Hopefully, I will encounter more of these wonderful explorations and devote myself to the healthcare industry, just like all the dedicated professionals I met during my visit.

**“LET THEM GIVE THANKS TO THE LORD FOR HIS UNFAILING LOVE  
AND HIS WONDERFUL DEEDS FOR MANKIND.” - PSALM 107:8**



5D01 CHAN SIK YIN HAZEL



From this valuable opportunity of visiting the internal environment of a hospital, I have discovered a lot of facts beyond my daily and outdated knowledge. The most impressive will be the experience of being in the Department of Radiotherapy. My impression of related therapy involves blood and toil, with endless suffering. But to my surprise, as technology is constantly developing, there are many more ways of therapy in the sense of humanism. It really touches the deepest part of my heart when I finally realized who these weird and bulky machines are built for, like a peek of hope.

Apart from that, other working details like the precision of training surgical doctors, the hustle of an emergency room, the modern settings inside a big hospital, or even the quickness of their lifts all amazed me a lot. In the morning, all medical professionals have shared their experience of working from academic levels to so on. This is extremely helpful to be as someone who is seriously considering this as my planned career, hence better understanding what will be the actual working procedure from day to day.


After the sharing, I remember we also got involved in a tour to the emergency room, in which I saw a life-and-death situation in reality. Everything escalated greatly as the vital signs of a patient suddenly turned critical. In a blink of an eye, there were about five doctors and nurses surrounding him, some were doing CPR, some were injecting medicine. They did not say anything but I can literally feel their caring hearts through their rapid actions.

All in all, this is an unforgettable experience for me to see the real side of my planned career as a nurse, and for a more significant purpose, the respect and value of life is greatly appreciated.

**“I WILL GIVE THANKS TO THE LORD BECAUSE OF HIS RIGHTEOUSNESS;  
I WILL SING THE PRAISES OF THE NAME OF THE LORD MOST HIGH.” - PSALM 7:17**

5D04 CHAU CHING NAM





I would like to express my sincere gratitude for the opportunity to visit the hospital. It has been an enriching experience to meet professionals in the medical industry and explore the inner workings of such an amazing institution.

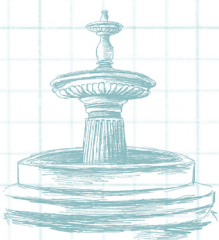
Since I was a child, I have always been curious about what goes on behind the mysterious doors of a hospital. During this visit, I had the privilege of exploring areas that are usually off-limits, gaining a deeper understanding of the hospital's complex structure and functioning. Walking through the Accident and Emergency department, I witnessed the process of determining the level of emergency for each patient, ensuring that urgent cases are promptly handled. I also learned about the coordination between departments, such as the efficient transfer of emergency patients to specialized areas without bypassing the emergency room. Additionally, I observed pharmacists checking the medicine to ensure the correct amount before handing them to reception. These experiences were eye-opening and gave me insights I would not have gained otherwise. It became clear to me that the key to a hospital's smooth operation lies in communication, teamwork, and coordination between departments, as well as a mutual respect for life and the desire to save every patient.


The cutting-edge facilities at the hospital impressed me the most. In the training centre, I had hands-on experience with equipment used for minimally invasive surgeries, which I had previously only seen on television. I realized that the seemingly simple operation of these instruments actually requires extensive training and precise control, as the surgeon's vision is limited to what is displayed on a screen. It was evident that doctors must undergo countless days and nights of training before they can perform such operations on humans. Additionally, the lifelike responses and features of the dummies used for nurse training amazed me. For example, the baby dummy even had breath and body temperature! Furthermore, witnessing the operation of the giant machine used for radiotherapy in the oncology department was awe-inspiring. The precision and advanced technology involved in treating patients with this machine were truly remarkable. These facilities showcased the incredible advancements in the medical industry.

Listening to the professionals' sharing was invaluable in shaping my university programmes and future career choices. I realized that being a doctor is not just about a high salary, but it also requires empathy and care for patients. Doctors are like superheroes, providing hope to patients in their times of need. I understand that bearing such a heavy responsibility is not an easy task. This visit provided me with a full insight into the hospital's atmosphere and has encouraged me to pursue my dream of working in the medical industry.

Once again, I would like to express my utmost gratitude to all the staff and doctors who made this visit possible. I am grateful for their warmth, compassion, and willingness to share their knowledge. Their friendly demeanor towards patients left a lasting impression on me. I hope that someday I will have the opportunity to contribute to the medical field. This visit will undoubtedly remain an unforgettable experience in my life.

**“I WILL GIVE THANKS TO YOU, LORD, WITH ALL MY HEART;  
I WILL TELL OF ALL YOUR WONDERFUL DEEDS.” - PSALM 9:1**





Last Wednesday (October 18, 2023), I had the precious opportunity to visit Eastern Hospital. From the moment I stepped into the hospital, I was greeted with kindness. During the visit, I had the privilege of interacting with doctors, nurses, and pharmacists who generously shared their knowledge and expertise with us.



They showed us what they do and allowed us to use the tools they would use. It was a remarkable experience to witness their dedication and passion for their work. The doctors in Eastern Hospital inspired me with the latest advancements in medical technology, while the nurses shared their experiences of providing comfort and support to patients. Moreover, they took the time to explain various medical procedures, processes, and the importance of teamwork in providing quality healthcare services. Visiting Eastern Hospital was an eye-opening experience that allowed me to witness the dedication and compassion of medical professionals firsthand.

I am immensely grateful to Mr. Lui for organizing this visit and providing me with the chance. Without him, I would hardly have had a better understanding of the healthcare industry. It was an invaluable experience, and I am grateful for the knowledge and insights I have gained. I hope to apply what I have learned in my future and share my newfound knowledge with my classmates who didn't have the opportunity to go.

**“I WILL GIVE THANKS TO YOU, LORD, FOR YOU ANSWERED ME; YOU HAVE BECOME MY SALVATION.” - PSALM 118:21**

5D21 SZE NGA LAM





Participating in the secondary students' exposure programme at Eastern Hospital was an incredibly enlightening experience. Throughout the programme, I had the privilege of visiting various departments, including pharmacy, occupational therapy, oncology, radiation therapy, and AGE.

The inner workings of these departments left a profound impact on me. One aspect that truly impressed me was the seamless coordination and collaboration among the different departments. It was remarkable to witness how each department played a vital role in ensuring the hospital's smooth and efficient functioning.

Furthermore, the insights shared by the physiotherapists were invaluable. Listening to their professional experiences provided me with a deeper understanding of the challenges and rewards of working in the medical field. Their unwavering dedication and passion for helping others served as a great inspiration and solidified my aspiration to pursue a career in healthcare.


I would like to express my heartfelt gratitude to Mr. Lui for providing us with this incredible opportunity. This exposure programme has not only broadened my horizons but also helped me shape a clearer vision for my future pathway.

**“GIVE THANKS IN ALL CIRCUMSTANCES;  
FOR THIS IS GOD’S WILL FOR YOU IN CHRIST JESUS.” - 1 THESSALONIANS 5:18**

6D07 HO MAN TING







Visiting the emergency room of Pamela Youde Nethersole Eastern Hospital was an experience that left a lasting impression on me. The first thing that struck me was the efficiency and professionalism of the staff. Despite the chaotic nature of the emergency room, the doctors and nurses worked diligently to provide timely care to patients. The level of organization and coordination was commendable as they swiftly assessed and prioritized cases based on severity.

During my visit, I also learned a great deal about the importance of teamwork in emergency medical situations. The doctors, nurses, and support staff collaborated seamlessly, ensuring that patients received comprehensive and timely treatment. Witnessing their coordination and cooperation was truly inspiring as it highlighted the significance of effective communication and collective effort in saving lives.

This experience has greatly changed my perception of the emergency room. Previously, I had associated emergency rooms with chaos and disarray. However, my visit to Pamela Youde Nethersole Eastern Hospital demonstrated that with proper organization and a dedicated healthcare team, order can be maintained even in the most challenging situations. The commitment and resilience displayed by the medical professionals in the emergency room left me with a newfound respect for their profession.

Overall, my visit to the emergency room was a thought-provoking and eye-opening experience. It taught me the importance of teamwork, efficiency, and dedication in providing emergency medical care. I am truly inspired by the healthcare professionals at Pamela Youde Nethersole Eastern Hospital and their unwavering commitment to saving lives.

**“I WILL PRAISE YOU, LORD, WITH ALL MY HEART;  
BEFORE THE ‘GODS’ I WILL SING YOUR PRAISE.” - PSALM 138:1**

6D27 YU CHING LAM

